

**REPORT OF HATYAI UNIVERSITY'S STUDENTS FOR SIT IN CLASS  
(PANCASAKTI INTERNATIONAL PROGRAM)  
AT UNIVERSITAS PANCASAKTI TEGAL  
01 – 19 APRIL 2019**



**Submitted by  
Fatechah Meena**

**OFFICE OF COOPERATION AND INTERNATIONAL AFFAIRS  
UNIVERSITAS PANCASAKTI TEGAL**

**2019**

PAGE OF APPROVAL

ACTIVITY REPORT OF SIT IN PROGRAM (PANCASAKTI INTERNATIONAL PROGRAM) HELD ON 1 – 19 APRIL 2019 IN UNIVERSITAS PANCASAKTI, TEGAL, CENTRAL JAVA, INDONESIA.

Submitted by:

Fateehah Meena  
(Student's ID No.6107610007)

on May 8th, 2019

VALIDATION

Approved by:

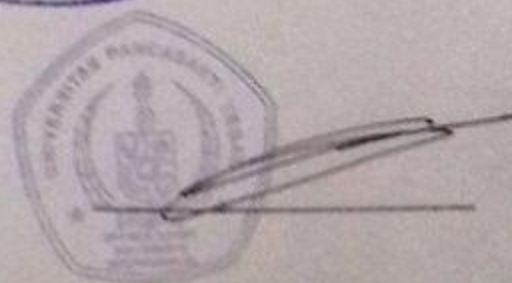
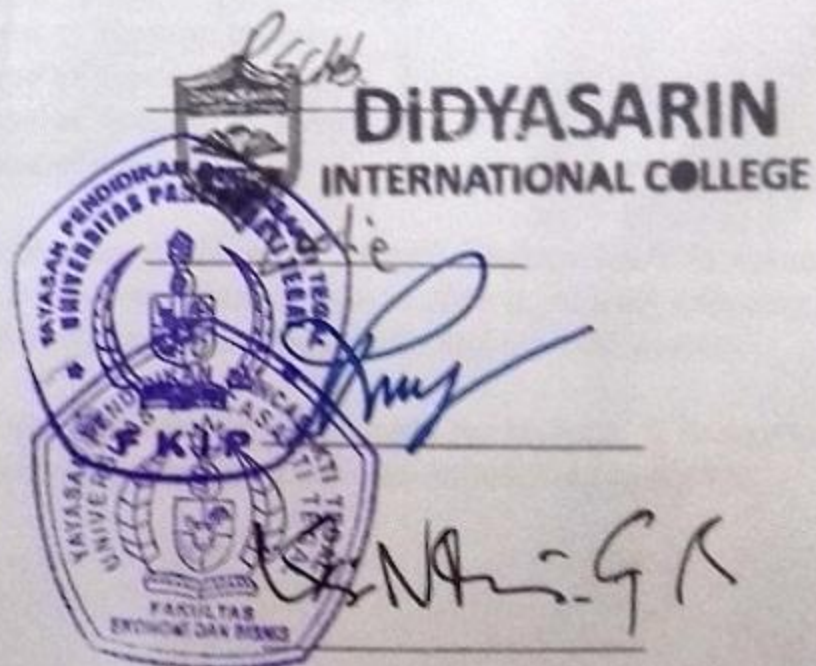
Dean of Didyasarin International College  
Hatyai University  
Dr. Patcharee Scheb-Buenner

Head of International Office  
Dr. Leelie Ratsameemonthon

Dean of Faculty and Teacher Training and  
Education, Universitas Pancasakti Tegal  
Dr. Purwo Sasongko, M.Pd

Dean of Faculty of Economic and Business  
Universitas Pancasakti Tegal  
Dr. Dien Noviany R., SE., MM., Ak., CA

Head of Office of Cooperation and International Affairs  
Universitas Pancasakti Tegal  
Dr. Yoga Prihatin, M.Pd





**UPT KERJASAMA DAN URUSAN INTERNASIONAL  
UNIVERSITAS PANCASAKTI TEGAL**  
Jl. Halmahera Km 01 Kota Tegal Jawa Tengah Indonesia  
Phone/Fax: +62 283 351082, Website: [www.upa.ac.id](http://www.upa.ac.id)  
Email: [ociapancasakti@gmail.com](mailto:ociapancasakti@gmail.com), [dicanovi@yahoo.co.id](mailto:dicanovi@yahoo.co.id)

No : 11/LN/UPT-KUI/UPS/III/2019

Tegal, March 18, 2019

Subject: Sit In Program at Universitas Pancasakti Tegal

Asst.Prof.Dr. Wittawat Didyasarini Sattayarak  
The President of Hatyai University  
125/502 Polpichai Rd. Hatyai Songkhla 901110  
Thailand

Dear Asst.Prof.Dr. Wittawat Didyasarini Sattayarak,

Greeting from Tegal, Indonesia

We are writing to confirm our acceptance of 4 students of Hatyai University for a two-week sit in program at Universitas Pancasakti Tegal starting from April 1, 2019 to April 19, 2019. We are delighted to welcome them in our university:

Name	Department
Ms. Napasorn Chinapatpakhin	Department of Tourism Industry
Ms. Fatechah Meena	Department of Tourism Industry
Ms. Tuanrusnee Suaesoh	Department of Tourism Industry
Ms. Sakina Sunnud	Department of English

Pancasakti International Program also provides the students of Hatyai University with some information on upcoming time table during their program. Participating in classes, visiting company, and tourism sightseeing are great ways to get to know our academic activities and our local culture.

We are here to help them, at all times. We will see us around as them enjoy the campus. Welcome to Universitas Pancasakti Tegal and we look forward to them having a safe and wonderful experience.

Sincerely Yours,

Dr. Burhan Eko Purwanto, M.Hum.  
Rector of Universitas Pancasakti Tegal

Enclosed: Time Table and LoA

UPT KERJASAMA DAN URUSAN INTERNASIONAL  
UNIVERSITAS PANCASAKTI TEGAL  
JL. Halmahera Km 01 Kota Tegal Jawa Tengah Indonesia  
Phone/Fax: +62 283 351082, Website: [www.ups.ac.id](http://www.ups.ac.id)  
Email: [ociapancasakti@gmail.com](mailto:ociapancasakti@gmail.com), [yogaprihatin92@gmail.com](mailto:yogaprihatin92@gmail.com)

No : 10/LN/UPT-KUI/UPS/III/2019

Tegal, March 14, 2019

Subject: Letter of Acceptance

TO WHOM IT MAY CONCERN

This letter serves as a letter of acceptance to:

Name : Fatechah Meena

Sex : Female

Passport No. : AB1470992

Nationality : Thai

Universitas Pancasakti Tegal certifies that Ms. Fatechah Meena has been accepted to join the Sit In Program at Universitas Pancasakti Tegal from April 1<sup>st</sup> until April 19<sup>th</sup> 2019. As part of the program, she will have the opportunity to participate in various cultural and educational activities. Details will be arranged after her arrival. We hope that she would make the most of this opportunity to enhance her academic endeavors.

For any additional inquiries, please contact:

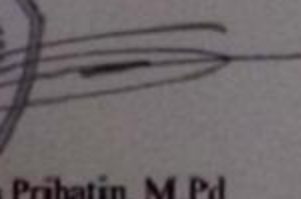
Mrs. Ihda Rosdiana

Head of International Programs

Telephone Number : +62 856 4250 3005

Email Address : [ihdarosdiana@gmail.com](mailto:ihdarosdiana@gmail.com)

Thank you for your attention.

Sincerely Yours,  
  
The signature is a handwritten name in black ink, written over a circular official stamp of Universitas Pancasakti Tegal.

Dr. Yoga Prihatin, M.Pd

Head of Office of Cooperation and International Affairs of  
Universitas Pancasakti Tegal

# Table of Content

## Chapter 1

1.1 Background.....	1
1.2 Purposes of Program.....	1
1.3 Advantages.....	1
1.4 Method of Writing Report .....	2

## Chapter 2

2.1 Preparation.....	3
2.2 Activity.....	3
2.3 About UPS & Activity Schedule .....	4
2.3.1 About UPS.....	4
2.3.2 Activity Schedule.....	5
2.4 Name of Participant.....	6
2.5 Closing.....	6

## Chapter 3

3.1 Summary.....	8
3.2 Comment.....	8
Documentation the Program .....	9

# Chapter1

## 1.1 Background

Exchange student Sit-in program is collaborative between Hatyai University and Universitas Pancasakti on 2019. This program is to give opportunity to students from Hatyai University and Universitas Pancasakti to learn English and culture, as student abroad continues to expand, international education how changes will influence students' experiences and program objective "having an academic experience abroad contributes to students' personal and academic development by helping them to grow in global and cultural". This means those students are encouraged to think of international experience as an essential of their education.

There are 4 students from Hatyai University lived in Tegal, Indonesia for 19 days joining Sit-in program. They joined many classes which in English course in Teacher Training Faculty and Economic Faculty.

## 1.2 Purposes of Program

- To improve English in every skills especially in speaking skill. They have joined many classes at Universitas Pancasakti Tegal.
- To express students to the ethos of campus environment in an international setting so as to establish international experience which they can measure the performance of their institution and their personal performance.
- To observe students' life in Universitas Pancasakti Tegal and to exchange ideas what will enrich the experience of student visiting and student in the host country.
- To enhance students' ability to assess and understand the culture and lifestyle of Indonesian.

## 1.3 Advantages

- Language acquisition is achieved through practical immersion.
- Self-development and awareness leading to enhanced self-confident and self-esteem. This is often the most noticeable change in returning exchange student.

- Getting new friends, understanding them and knowing the culture and lifestyle of Indonesian.
- Learning to cope up with all the adverse situations to make a person prepared for the career opportunities in the future.

#### **1.4 Method of Writing Report**

On the processing of writing report of exchange program is participant observation method. From this method, the researcher inserts themselves into the group as a member of the group. During the year 1800, one of precursors of the method as Joseph Marie Baron de Ge'rande already affirming that "the first way to get to know the Indians is to become like one of them. I use this method learning in UPS to participate in the class in English club. I join academic class and curriculum classes.

## Chapter 2

### 2.1 Preparation

Foreign exchange program provides students with an opportunity to study in a country along 3 weeks, sit-in program at UPS, Tegal, Indonesia. The first process of joining the program is registration, we fill the applicant form and put the important information (GPA form, medical certificate). We had interview about the program, wait for announcement who are 4 candidates that are chosen. On 7 March 2019 we had meeting with Mrs. Phatcharee Scheb-Buenner, the Dean of DRIC and lecturers who involved with this program and to make plan moving to Indonesia. On 29 March 2019, exchange student met to discuss about preparation.

### 2.2 Activity

- The first day, we moved to Indonesia and we arrived at Tegal in the afternoon and we had welcoming dinner with lectures and the secretary of Pancasakti Foundation. The next day, we went to college, the first day that the university welcomed us well.
- The second day, we started studying for the first day. In the evening we traveled to alun-alun Tegal and the night market.
- Day 3 we went on a trip to Pantai Alam Indah and mangrove forest.
- Day 4 we went to a tea company, Gunung Slamet Company and had a school visit at school for people in need, SLB Manunggal Slawi.
- Day 5 we were free and relax at rector house
- Day 6 we went to buy Batik at Pasar Pagi. In the evening we went to Dwi's sister house.
- Day 7 we went shopping at Pacific mall by myself.
- Day 8 we had a class in the morning. In the afternoon we went to Pantai Alam Indah again and in the evening, we went to have dinner at Transmart mall.
- Day 9 we had a class. After we finished class, we went to library and in the evening we went to alun-alun Tegal again.



- Day 10 we joined class. In the afternoon we joined Usahawan Festival at Faculty of Economic and Business.
- Day 11 In the morning we had school visit at SMA Pemasang. For lunch we eat Bakso with lectures.
- Day 12 we went to mangrove forest at Pantai Alam Indah again, My lecture's friends made Henna for us. At night we went to Rita Park for make vlog with our Indonesian friends.
- Day 13 Ibu Yanti took us to go to Cirebon and we went to see Batik and Starbuck .
- Day 14 at night we had small farewell party at Rector's house.
- Day 15 we went to university hall for closing ceremony after this we moved to Praban lintang Pine Forest and Guci.
- Day 16 we had a class in the morning.
- Day 17 we went to Pasar pagi, one of Indonesian friend accompanied us for buying cloths and Batik.
- Day 18 we had farewell party with our Indonesian friends at Rector's house.
- Day 19 we moved to Jakarta to go to see the old town and Monas.
- The last day for us we went to airport in the early morning and had a flight to go back to Thailand.

## **2.3 About Universitas Pancasakti ( UPS ) and Activity schedule**

### **2.3.1 About Universitas Pancasakti (UPS)**

Universitas Pancasakti ( UPS ) Tegal is one of the private universities in Central Java based in Tegal City. Established on March 1, 1980 . Originally named the University of Pancasila Tegal (Deed of Establishment Number 26 of 1979 ) in the hope of becoming the Fortress of Pancasila in the Pantura region, especially the Former Residence of Pekalongan.

There are 7 faculties in Pancasakti University ( UPS )

- Faculty of laws
- Faculty of postgraduate studies
- Faculty of social and political science
- Faculty of teacher training and education science
- Faculty of engineering

- Faculty of economics
- Faculty of fisheries and marine science

### 2.3.2 Activity Schedule

Day	Date	Time	Agenda
1	Monday, 1st April 2019	7.00-7.40 A.M. 8.00-11.00 A.M.	- Welcoming ceremony -Class
2	Tuesday, 2nd April 2019	8.30-12.30 A.M. 17.00-21.00 A.M.	-Class -Alun alun
3	Wednesday, 3rd April 2019	8.30-10.00 A.M. 12.00-16.00 A.M.	-Pantai alam indah -Dewi mangrove sari
4	Thursday, 4th April 2019	9.00-11.00 A.M. 12.30-14.00 P.M.	-School for people in need -Tea company
5	Friday, 5th April 2019	-	-Free activity
6	Saturday, 6th April 2019	10.00-12.00 A.M. 12.00-14.00 A.M.	-Pasar pagi -Friend's house
7	Sunday, 7th April 2019	13.00-16.00 A.M.	-Pacific mall
8	Monday, 8th April 2019	8.00-9.40 A.M. 10.00-11.00 A.M. 15.00-19.00 A.M.	-Class -Pantai alam indah -Transmart
9	Tuesday, 9th April 2019	8.00-11.20 A.M. 18.00-20.00 A.M. 20.00-21.30 A.M.	-Class -Wendy's sate -Alun alun
10	Wednesday, 10th April 2019	8.00-9.40 A.M. 10.00-14.30 A.M.	-Class -Usahawan festival
11	Thursday, 11th April 2019	9.00-12.00 A.M. 12.00-13.00 A.M.	-SMA Pernalang -Bakso restaurant
Day	Date	Time	Agenda
12	Friday, 12th April 2019	9.00-11.00 A.M. 11.00-13.00 A.M. 17.00-20.00 A.M.	-Hutan kota minta ragen -Henna painting -Rita park
13	Saturday, 13th April 2019	10.00-12.00 A.M. 12.00-13.30 A.M. 14.00-14.30 A.M. 15.00-19.00 A.M.	-Cirebon -Jamblang restaurant -Batik trusmi -Shopping mall

14	Sunday, 14th April 2019	20.00-22.00 A.M.	-Karaoke party with the lecturers
15	Monday, 15th April 2019	7.00-07.40 A.M. 10.00-12.00 A.M. 13.00-18.00 A.M.	-Closing ceremony -Praban lintang wisata -Guci Ku (hot water boom)
16	Tuesday, 16th April 2019	8.30-12.00 A.M.	-Class
17	Wednesday, 17th April 2019	9.00-11.00 A.M.	-Pasar pagi
18	Thursday, 18th April 2019	7.00-8.00 A.M.	-Farewell party with friends
19	Friday, 19th April 2019	11.00-11.30 A.M. 11.30-12.30 A.M.	-National monument -Kota Tua (Old town)
20	Saturday, 20th April 2019	7.00-12.00 A.M. 10.00 P.M.	-Soekarno-hatta airport -Arrived in Thailand

## 2.4 Name of Participants

- Fateehah Meena (Tourism Industry Department)
- Napasorn Chinapatpakhin (Tourism Industry Department)
- Sakina Sunmud (English Department)
- Tuanrusnee Su-aesoh (Tourism Industry Department)

## 2.5 Closing

Along 3 weeks in Tegal. It's such a short time. Many things happened in our life throughout this program. We got to know many friends from Indonesia, we have learned the cultures, lifestyle and language from them.

Each meeting will have goodbye and our journey has come to an end. After we say goodbye to our friends, we move directly from Tegal to Jakarta on 19th April by train. We arrived at Jakarta at 10.30 a.m. and we felt very excited to share our experiences with our friends in Thailand.

In the early morning, we moved to Soekarno-Hatta International airport (CGK) by taking grab car from our hotel. It took around 45 minutes to airport.

Then, our flight took off from the airport, it took around 4 hours to get to Donmuang international airport, and we had to wait there at Donmuang international airport for flight transiting. While we were in transit between flights from Donmuang to Hatyai, we spent our times by walking around the airport, the duty free and had lunch after that.

At 2.10 p.m., we took off from Donmuang and arrived at Hatyai at 04.30 p.m. There were our family waiting for our coming back. Let's say thank you to all our lecturers from Hatyai university and Universitas Pancasakti who give us a great opportunity to study abroad in international program, we really appreciate.

## Chapter 3

### 3.1 Summary

It has been very happy that we got a chance to be representatives from Hatyai university to join this program even though it was only 3 weeks but we have got and learnt so many things from this program whether it be people, culture, food, lifestyle, daily life, etc. We enjoyed eating Indonesian food very much and we think Bakso is one of the best food and we will miss. Absolutely, Indonesia's people are one of the best things we will miss as well. They are really good, kind, friendly, helpful and amazing. We have seen many foreigners but no one like Indonesia's people. We feel very lucky to come here and we will definitely come back here again sometime in the future.

Finally, it's such a great honor to be part of this good program and nothing we can say more than Thank you so much.

### 3.2 Comment

- Early preparing whether it be medicines (e.g. Asthma drugs), clothes (e.g. jumper), etc.
- We should be ready to handle with any kind of emergency situations that they are coming.
- It would be very good, if you know and can speak the third language because it can help you a lot to settle down with that local countries.
- We should know basic things about the country which you will go and should have general knowledge about their culture or lifestyle because it will help you to relate well with the local people there.
- It is a good idea to go abroad whether it be any countries in the world, If you have a chance to go, just go ahead.

## Documentation During the Program



In the lobby of the rector's building



Joining reading class with Mr. Sumartono



Joining speaking class with Mrs. Ihda Rosdiana



Joining management class with Mrs. Yanti



Joining writing class with Mrs. Noeris



Joining TEFL class with Mrs. Yuvita



School Visit at SLB Manunggal Slawi



School Visit at SMA N 2 Pemalang



Learning a traditional dance at SMA N 2 Pemalang





Company Visit: Teh Botol Sosro



Company Visit: Ria Cake & Bakery



Visiting Pantai Alam Indah Tegal and having henna



Visiting Guciku Hot Water Boom



Visiting Prabanlintang pine forest



Visiting Pandansari mangrove forest