

**REPORT OF HATYAI UNIVERSITY'S STUDENTS FOR SIT IN CLASS  
(PANCASAKTI INTERNATIONAL PROGRAM)  
AT UNIVERSITAS PANCASAKTI TEGAL  
01 – 19 APRIL 2019**



**Submitted by  
Napasorn Chinapatpakhin**

**OFFICE OF COOPERATION AND INTERNATIONAL AFFAIRS  
UNIVERSITAS PANCASAKTI TEGAL**

**2019**

PAGE OF APPROVAL

ACTIVITY REPORT OF SIT IN PROGRAM (PANCASAKTI INTERNATIONAL PROGRAM) HELD ON 1 - 19 APRIL 2019 IN UNIVERSITAS PANCASAKTI, TEGAL, CENTRAL JAVA, INDONESIA.

Submitted by:

Napasorn Chinnaphatphakhin  
(Student's ID No.6007610011)

on May 8th, 2019

VALIDATION

Approved by:

Dean of Didyasarin International College  
Hatyai University  
Dr. Patcharee Scheb-Buenner

Head of International Office  
Dr. Leelie Ratsameemonthon

Dean of Faculty and Teacher Training and  
Education, Universitas Pancasakti Tegal  
Dr. Purwo Sasongko, M.Pd

Dean of Faculty of Economic and Business  
Universitas Pancasakti Tegal  
Dr. Dien Noviany R., SE., MM., Ak., CA

Head of Office of Cooperation and International Affairs  
Universitas Pancasakti Tegal  
Dr. Yoga Prihatin, M.Pd





**UPT KERJASAMA DAN URUSAN INTERNASIONAL  
UNIVERSITAS PANCASAKTI TEGAL**  
Jl. Halmahera Km 01 Kota Tegal Jawa Tengah Indonesia  
Phone/Fax: +62 283 351082, Website: [www.upa.ac.id](http://www.upa.ac.id)  
Email: [ociapancasakti@gmail.com](mailto:ociapancasakti@gmail.com), [dicanovi@yahoo.co.id](mailto:dicanovi@yahoo.co.id)

No : 11/LN/UPT-KUI/UPS/III/2019

Tegal, March 18, 2019

Subject: Sit In Program at Universitas Pancasakti Tegal

Asst.Prof.Dr. Wittawat Didyasarin Sattayarak  
The President of Hatyai University  
125/502 Polpichai Rd. HatyaiSongkhla 901110  
Thailand

Dear Asst.Prof.Dr. Wittawat Didyasarin Sattayarak,

Greeting from Tegal, Indonesia

We are writing to confirm our acceptance of 4 students of Hatyai University for a two-week sit in program at Universitas Pancasakti Tegal starting from April 1, 2019 to April 19, 2019. We are delighted to welcome them in our university:

Name	Department
Ms. Napasorn Chinapatpakhin	Department of Tourism Industry
Ms. Fatechah Mcena	Department of Tourism Industry
Ms. Tuanrusnee Suaesoh	Department of Tourism Industry
Ms. Sakina Sunnud	Department of English

Pancasakti International Program also provides the students of Hatyai University with some information on upcoming time table during their program. Participating in classes, visiting company, and tourism sightseeing are great ways to get to know our academic activities and our local culture.

We are here to help them, at all times. We will see us around as them enjoy the campus. Welcome to Universitas Pancasakti Tegal and we look forward to them having a safe and wonderful experience.

Sincerely Yours,

Dr. Burhan Eko Purwanto, M.Hum.  
Rector of Universitas Pancasakti Tegal

Enclosed: Time Table and LoA

UPT KERJASAMA DAN URUSAN INTERNASIONAL  
 UNIVERSITAS PANCASAKTI TEGAL  
 Jl. Halmahera Km 01 Kota Tegal Jawa Tengah Indonesia  
 Phone/Fax: +62 283 351082, Website: [www.ups.ac.id](http://www.ups.ac.id)  
 Email: [ociapancasakti@gmail.com](mailto:ociapancasakti@gmail.com), [yogaprihatin92@gmail.com](mailto:yogaprihatin92@gmail.com)

No : 10/LN/UPT-KUI/UPS/III/2019  
 Subject: Letter of Acceptance

Tegal, March 14, 2019

TO WHOM IT MAY CONCERN

This letter serves as a letter of acceptance to:

Name : Napasorn Chinapatpakhin  
 Sex : Female  
 Passport No. : AB1599817  
 Nationality : Thai

Universitas Pancasakti Tegal certifies that **Ms. Napasorn Chinapatpakhin** has been accepted to join the Sit In Program at Universitas Pancasakti Tegal from April 1<sup>st</sup> until April 19<sup>th</sup> 2019. As part of the program, she will have the opportunity to participate in various cultural and educational activities. Details will be arranged after her arrival. We hope that she would make the most of this opportunity to enhance her academic endeavors.

For any additional inquiries, please contact:

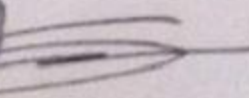

Mrs. Ihda Rosdiana

Head of International Programs

Telephone Number : +62 856 4250 3005

Email Address : [ihdarosdiana@gmail.com](mailto:ihdarosdiana@gmail.com)

Thank you for your attention.

Sincerely Yours,  
  


Dr. Yoga Prihatin, M.Pd

- Head of Office of Cooperation and International Affairs of  
 Universitas Pancasakti Tegal

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# Chapter 1

## 1.1 Background

Exchange student Sit-in program is collaborative between Hatyai University and Universitas Pancasakti on 2019. This program is to give opportunity to students from Hatyai University and Universitas Pancasakti to learn English and culture, as student abroad continues to expand, international education how changes will influence students' experiences and program objective "having an academic experience abroad contributes to students' personal and academic development by helping them to grow in global and cultural". This means those students are encouraged to think of international experience as an essential of their education.

There are 4 students from Hatyai University lived in Tegal, Indonesia for 19 days joining Sit-in program. They joined many classes which in English course in Teacher Training Faculty and Economic Faculty.

## 1.2 Purposes of program

- To improve English in every skills especially in speaking skill. They have joined many classes at Universitas Pancasakti Tegal.
- To express students to the ethos of campus environment in an international setting so as to establish international experience which they can measure the performance of their institution and their personal performance.
- To observe students' life in Universitas Pancasakti Tegal and to exchange ideas what will enrich the experience of student visiting and student in the host country.
- To enhance students' ability to assess and understand the culture and lifestyle of Indonesian.

## 1.3 Advantages

- Language acquisition is achieved through practical immersion.
- Self-development and awareness leading to enhanced self-confident and self-esteem. This is often the most noticeable change in returning exchange student.

- Getting new friends, understanding them and knowing the culture and lifestyle of Indonesian.
- Learning to cope up with all the adverse situations to make a person prepared for the career opportunities in the future.

#### **1.4 Method of writing report**

On the processing of writing report of exchange program is participant observation method. From this method, the researcher inserts themselves into the group as a member of the group. During the year 1800, one of precursors of the method as Joseph Marie Baron de Ge'rande already affirming that "the first way to get to know the Indians is to become like one of them. I use this method learning in UPS to participate in the class in English club. I join academic class and curriculum classes.

## Chapter 2

### 2.1 Preparation

Foreign exchange program provides students with an opportunity to study in a country along 3 weeks, sit-in program at UPS, Tegal, Indonesia. The first process of joining the program is registration, we fill the applicant form and put the important information (GPA form, medical certificate). We had interview about the program, wait for announcement who are 4 candidates that are chosen. On 7 March 2019 we had meeting with Mrs. Phatcharee Scheb-Buenner, the Dean of DRIC and lecturers who involved with this program and to make plan moving to Indonesia. On 29 March 2019, exchange student met to discuss about preparation.

### 2.2 Activity

After I left Thailand and first arrived Indonesia, it was like I came to the other side of the world. Everything here is new and very different from where I have been living so i have to settle down with new things which I met. When I lived in Indonesia, I got to see many things that I have never seen before like becak and a beautiful batik. I got to have many things for meals I have never had before as well like bakso, nasi Padang, nasi goreng, Wendy's sate and soto. Absolutely bakso is my favorite Indonesian food, I got to go to many places like Pandansari mangrove forest, alun-aalun Tegal night market, tea company, school for people in needs, Pasar pagi Tegal, Pacific mall, Transmart, Pantai Alam Indah, Rita park, Cirebon, Batik Trusmi, Prabanlintang pine forest, Guci ku and had done many kind of activities here like Henna painting, Karaoke, etc.

April 31st, it was our first day in Indonesia. We reached Indonesia about 09.30 p.m. at night so we were very tired and we went to Bale Ocase hotel Jakarta for taking a rest for a night and left the hotel at 10 in the morning. After long way drive, we finally arrived home, introduced ourselves and took a rest for studying tomorrow.

2nd day, we went to the university for the first time, we joined the welcoming ceremony in the morning after we already had breakfast and got around the university with the lecturers after that.

3rd day, we went to class in the morning and went to alun-alun Tegal in the evening for shopping and getting on odong-odong with our new friends here.



4th day, our friends picked us up in the morning for having breakfast together, after we had breakfast and we went to Pantai Alam Indah for relaxing and also went Pandansaari mangrove forest with another group of friends.

5th day, we went to Tea company and School for people in need with the lecturers and the dean of Faculty of Education.

6th day, after we had long day with full scheduled so we finally got sick and this day we got to stay home and relax.

7th day, we went to Pasar Pagi Tegal in the morning with our friends for shopping. We went to our friend's house after that for having lunch and went back home by our friends dropped us off at home.

8th day, we went to Pacific mall with our friends and got around the mall together.

9th day, we had normal class in the morning and went back for relaxing for a while before we had to leave again for having dinner with the lecturers from the university. We thought we could only go out for dinner but after we had Wendy's sate for dinner, the lectures said we could go to alun-alun Tegal if we wanted and I was pretty sure that you already knew what we did answer.

10th day, we had normal class again in the morning and today was special, there is an Usahawan Festival at the Faculty of Economics building and *ibu* came to the university so we went to Usahawan Festival and walked around together.

11th day, we met up at the university before we headed to SMA N 2 Pemalang for joining the activity there, Indonesian is very friendly and made me feel welcome. After we joined the activity there, we went to bakso restaurant for had lunch and went back home after all finished.

12th day, we had no class today so our friends took us to Pantai Alam Indah Tegal for relaxing, got Henna painting from Henna painting designer and had chicken with rice for lunch and went back home after finished. We took a break for a while before we left again, the other 2 friends came to our house and went to Rita Park for making a vlog. We got around Rita mall and got in Rita park. We did not get to play much because it is quite late. We got to play bumper car and got to get inside the ghost house. We got around for a little while and we were pretty hungry at that time so went to Soto restaurant and had it for dinner together.

13th day, we had a trip to Cirebon with our lecturers. We made an appointment and met each other at the university before we were leaving, after long drive, we were pretty

hungry so we went to Jamblang restaurant and had lunch over there after we all done we were leaving again to Batik Trusmi , shopping mall and had dinner together.

14th day, we didn't do many activities, we just went to school and went back home but after we had dinner, we had small farewell party with the lecturers, it was very fun.

15th day, It was the last day for us to come to the university, so we joined the closing ceremony that the lecturers did for us, we said goodbye and took pictures with our lecturers and friends before we went to Praban lintang and Guci Ku Hot water boom, we went back home for got ready. We were really happy today.

16th day, we had normal class and did not many activities today so we went back home for packing our stuff because we would be leaving soon.

17th day, we went to Pasar Pagi Tegal in the morning with our friends for buying something and we got around together.

18th day, we went to Eat boss cafe' for having lunch with our Indonesian friends and at night we had like a small farewell party with friends. They are really kind and it was quite sad that we would be leaving soon. Thank you so much for coming and said goodbye to us.

19th day, we left home at 5 in the morning and went straight to the railway station. After we said goodbye to *bapak* and *ibu*, we got in the train and the train took around 5 hours to arrive Jakarta. After we arrived Jakarta, we head to the hotel for checked in, left the hotel and went outside again. We went to many places there, National monument, Kota Tua (Old town) and shopping mall.

20th day, we left the hotel at 3 a.m with our eyes shut and were keep sleeping when we got in the car. It took around 45 minutes to reach the airport so after we reached the airport, we did all the things we had to do like checking in, dropping the stuff, saying goodbye and finally leaving.

Finally, I got to get around the city with my Indonesian lecturers and friends, spent time and did a lot of activities together, It was very happy at that time. Thank you everyone who made me feel welcome and made my time here fun.

## **2.3 About Universitas Pancasakti ( UPS ) and Activity schedule**

### **2.3.1 About Universitas Pancasakti (UPS)**

Universitas Pancasakti ( UPS ) Tegal is one of the private universities in Central Java based in Tegal City. Established on March 1, 1980 . Originally named the University of Pancasila Tegal (Deed of Establishment Number 26 of 1979 ) in

the hope of becoming the Fortress of Pancasila in the Pantura region, especially the Former Residence of Pekalongan.

There are 7 faculties in Pancasakti University ( UPS )

- Faculty of laws
- Faculty of postgraduate studies
- Faculty of social and political science
- Faculty of teacher training and education science
- Faculty of engineering
- Faculty of economics
- Faculty of fisheries and marine science

### 2.3.2 Activity Schedule

Day	Date	Time	Agenda
1	Monday, 1st April 2019	7.00-7.40 A.M. 8.00-11.00 A.M.	- Welcoming ceremony -Class
2	Tuesday, 2nd April 2019	8.30-12.30 A.M. 17.00-21.00 A.M.	-Class -Alun alun
3	Wednesday, 3rd April 2019	8.30-10.00 A.M. 12.00-16.00 A.M.	-Pantai alam indah -Dewi mangrove sari
4	Thursday, 4th April 2019	9.00-11.00 A.M. 12.30-14.00 P.M.	-School for people in need -Tea company
5	Friday, 5th April 2019	-	-Free activity
6	Saturday, 6th April 2019	10.00-12.00 A.M. 12.00-14.00 A.M.	-Pasar pagi -Friend's house
7	Sunday, 7th April 2019	13.00-16.00 A.M.	-Pacific mall
8	Monday, 8th April 2019	8.00-9.40 A.M. 10.00-11.00 A.M. 15.00-19.00 A.M.	-Class -Pantai alam indah -Transmart
9	Tuesday, 9th April 2019	8.00-11.20 A.M. 18.00-20.00 A.M. 20.00-21.30 A.M.	-Class -Wendy's sate -Alun alun
10	Wednesday, 10th April 2019	8.00-9.40 A.M. 10.00-14.30 A.M.	-Class -Usahawan festival

11	Thursday,11th April 2019	9.00-12.00 A.M. 12.00-13.00 A.M.	-SMA Pernalang -Bakso restaurant
Day	Date	Time	Agenda
12	Friday,12th April 2019	9.00-11.00 A.M. 11.00-13.00 A.M. 17.00-20.00 A.M.	-Hutan kota minta ragen -Henna painting -Rita park
13	Saturday,13th April 2019	10.00-12.00 A.M. 12.00-13.30 A.M. 14.00-14.30 A.M. 15.00-19.00 A.M.	-Cirebon -Jamblang restaurant -Batik trusmi -Shopping mall
14	Sunday,14th April 2019	20.00-22.00 A.M.	-Karaoke party with the lecturers
15	Monday,15th April 2019	7.00-07.40 A.M. 10.00-12.00 A.M. 13.00-18.00 A.M.	-Closing ceremony -Praban lintang wisata -Guci Ku (hot water boom)
16	Tuesday,16th April 2019	8.30-12.00 A.M.	-Class
17	Wednesday,17th April 2019	9.00-11.00 A.M.	-Pasar pagi
18	Thursday,18th April 2019	7.00-8.00 A.M.	-Farewell party with friends
19	Friday,19th April 2019	11.00-11.30 A.M. 11.30-12.30 A.M.	-National monument -Kota Tua(Old town)
20	Saturday,20th April 2019	7.00-12.00 A.M. 10.00 P.M.	-Soekarno-hatta airport -Arrived in Thailand

## 2.4 Name of Participants

- Fatehah Meena (Tourism Industry Department)
- Napasorn Chinapatpakhin (Tourism Industry Department)
- Sakina Sunmud (English Department)
- Tuanrusnee Su-aesoh (Tourism Industry Department)

## 2.5 Closing

Along 3 weeks in Tegal. It's such a short time. Many things happened in our life throughout this program. We got to know many friends from Indonesia, we have learned the cultures, lifestyle and language from them.

Each meeting will have goodbye and our journey has come to an end. After we say goodbye to our friends, we move directly from Tegal to Jakarta on 19th April by train. We arrived at Jakarta at 10.30 a.m. and we felt very excited to share our experiences with our friends in Thailand.

In the early morning, we moved to Soekarno-Hatta International airport (CGK) by taking grab car from our hotel. It took around 45 minutes to airport.

Then, our flight took off from the airport, it took around 4 hours to get to Donmuang international airport, and we had to wait there at Donmuang international airport for flight transiting. While we were in transit between flights from Donmuang to Hatyai, we spent our times by walking around the airport, the duty free and had lunch after that.

At 2.10 p.m., we took off from Donmuang and arrived at Hatyai at 04.30 p.m. There were our family waiting for our coming back. Let's say thank you to all our lecturers from Hatyai university and Universitas Pancasakti who give us a great opportunity to study abroad in international program, we really appreciate.

## Chapter 3

### 3.1 Summary

It has been very happy that we got a chance to be representatives from Hatyai university to join this program even though it was only 3 weeks but we have got and learnt so many things from this program whether it be people, culture, food, lifestyle, daily life, etc. We enjoyed eating Indonesian food very much and we think Bakso is one of the best food and we will miss. Absolutely, Indonesia's people are one of the best things we will miss as well. They are really good, kind, friendly, helpful and amazing. We have seen many foreigners but no one like Indonesia's people. We feel very lucky to come here and we will definitely come back here again sometime in the future.

Finally, it's such a great honor to be part of this good program and nothing we can say more than Thank you so much.

### 3.2 Comment

- Early preparing whether it be medicines (e.g. Asthma drugs), clothes (e.g. jumper), etc.
- We should be ready to handle with any kind of emergency situations that they are coming.
- It would be very good, if you know and can speak the third language because it can help you a lot to settle down with that local countries.
- We should know basic things about the country which you will go and should have general knowledge about their culture or lifestyle because it will help you to relate well with the local people there.
- It is a good idea to go abroad whether it be any countries in the world, If you have a chance to go, just go ahead.

## Documentation During the Program



In the lobby of the rector's building



Joining reading class with Mr. Sumartono



Joining speaking class with Mrs. Ihda Rosdiana



Joining management class with Mrs. Yanti



Joining writing class with Mrs. Noeris



Joining TEFL class with Mrs. Yuvita





School Visit at SLB Manunggal Slawi



School Visit at SMA N 2 Pemalang



Learning a traditional dance at SMA N 2 Pemalang



Company Visit: Teh Botol Sosro



Company Visit: Ria Cake & Bakery



Visiting Pantai Alam Indah Tegal and having henna



Visiting Guciku Hot Water Boom



Visiting Prabanlintang pine forest



Visiting Pandansari mangrove forest